

Worksheet 6.5  
Solutions

1. Find the average value of the function on the given interval.

(a)  $f(x) = x^2 + x + 1$  on  $[1, 3]$

**Solution:**

$$\bar{f} = \frac{1}{3-1} \int_1^3 x^2 + x + 1 \, dx = \frac{1}{2} \left[ \frac{x^3}{3} + \frac{x^2}{2} + x \right]_1^3 = \frac{1}{2} \left[ \left( 9 + \frac{9}{2} + 3 \right) - \left( \frac{1}{3} + \frac{1}{2} + 1 \right) \right] = \frac{22}{3}.$$

(b)  $f(x) = \frac{1}{x}$  on  $[1, e^2]$

**Solution:**

$$\bar{f} = \frac{1}{e^2-1} \int_1^{e^2} \frac{1}{x} \, dx = \frac{1}{e^2-1} \left[ \ln|x| \right]_1^{e^2} = \frac{\ln e^2 - \ln 1}{e^2-1} = \frac{2}{e^2-1}.$$

(c)  $f(x) = \frac{2x}{(1+x^2)^2}$  on  $[0, 2]$

**Solution:** Let  $u = 1 + x^2$ , then  $du = 2x \, dx$ .

$$\bar{f} = \frac{1}{2-0} \int_0^2 \frac{2x}{(1+x^2)^2} \, dx = \frac{1}{2} \int_{u(0)}^{u(2)} \frac{1}{u^2} \, du = \frac{1}{2} \left[ -\frac{1}{u} \right]_{u(0)}^{u(2)} = \frac{1}{2} \left[ -\frac{1}{1+x^2} \right]_0^2 = \frac{1}{2} \left( -\frac{1}{5} + 1 \right) = \frac{2}{5}.$$

(d)  $f(t) = t \sin(t^2)$  on  $[0, 10]$

**Solution:** Let  $u = t^2$ , then  $du = 2t \, dt$ .

$$\bar{f} = \frac{1}{10-0} \int_0^{10} t \sin(t^2) \, dt = \frac{1}{20} \int_{u(0)}^{u(10)} \sin u \, du = \frac{1}{20} \left[ -\cos u \right]_{u(0)}^{u(10)} = \left[ \frac{-\cos(t^2)}{20} \right]_0^{10} = \frac{1 - \cos 100}{20}.$$

2. The temperature in  $^{\circ}\text{C}$  in a city  $t$  hours after 09:00 is modelled by the function

$$T(t) = 10 + 8 \sin\left(\frac{\pi t}{12}\right).$$

Find the average temperature in that city in between 09:00 and 21:00.

**Solution:** The average temperature is

$$T_{\text{ave}} = \frac{1}{12-0} \int_0^{12} 10 + 8 \sin\left(\frac{\pi t}{12}\right) \, dt = \frac{1}{12} \left[ 10t - \frac{12}{\pi} \cdot 8 \cos\left(\frac{\pi t}{12}\right) \right]_0^{12} = \left[ \frac{10t}{12} - \frac{8}{\pi} \cos\left(\frac{\pi t}{12}\right) \right]_0^{12},$$

whence

$$T_{\text{ave}} = \left[ \frac{10(12)}{12} - \frac{8}{\pi} \cos\left(\frac{\pi(12)}{12}\right) \right] - \left[ \frac{10(0)}{12} - \frac{8}{\pi} \cos\left(\frac{\pi(0)}{12}\right) \right].$$

Ergo,

$$T_{\text{ave}} = 10 - \frac{8}{\pi} \cos(\pi) - 0 + \frac{8}{\pi} \cos(0) = 10 + \frac{8}{\pi} + \frac{8}{\pi} = 10 + \frac{16}{\pi} \, ^{\circ}\text{C}.$$

3. A patient being treated for pulmonary fibrosis is tested with a spirometer to measure lung capacity. The data show the volume of air in the patient's lung during both the inhalation and exhalation cycles is given by

$$V(t) = 1 - \cos\left(\frac{2\pi t}{5}\right) \text{ pints}$$

over a period from  $t = 0$  seconds till  $t = 5$  seconds. Find the average volume of air in his lungs during this period. At what time(s) does this volume occur?

**Solution:** The average volume is

$$V_{\text{ave}} = \frac{1}{5-0} \int_0^5 1 - \cos\left(\frac{2\pi t}{5}\right) dt = \frac{1}{5} \left[ t - \frac{5}{2\pi} \sin\left(\frac{2\pi t}{5}\right) \right]_0^5 = \left[ \frac{t}{5} - \frac{1}{2\pi} \sin\left(\frac{2\pi t}{5}\right) \right]_0^5,$$

whence

$$V_{\text{ave}} = \left[ \frac{5}{5} - \frac{1}{2\pi} \sin\left(\frac{2\pi(5)}{5}\right) \right] - \left[ \frac{0}{5} - \frac{1}{2\pi} \sin\left(\frac{2\pi(0)}{5}\right) \right].$$

Ergo,

$$V_{\text{ave}} = 1 - \frac{1}{2\pi} \sin(2\pi) - 0 + \frac{1}{2\pi} \sin(0) = 1 \text{ pint.}$$

This volume occurs when  $V(t) = 1$ , i.e.

$$1 - \cos\left(\frac{2\pi t}{5}\right) = 1.$$

Solving for the cosine term, we have

$$\cos\left(\frac{2\pi t}{5}\right) = 0.$$

The general solution to this trigonometric equation includes all odd integer multiples of  $\pi/2$ :

$$\frac{2\pi t}{5} = (2k+1)\frac{\pi}{2}, \quad k \in \mathbb{Z}^+.$$

Thus

$$t = (2k+1)\frac{\pi}{2} \cdot \frac{5}{2\pi} = \frac{5(2k+1)}{4} \text{ seconds.}$$

Out of the infinitely many  $t$  values

$$t = \frac{5}{4}, \frac{15}{4}, \frac{25}{4}, \dots,$$

only the first two lie within the interval  $[0, 5]$ . Therefore, the volume of  $V(t) = 1$  pint occurs at

$$t = \frac{5}{4}, \frac{15}{4} \text{ seconds.}$$